

What Topics Should a D-Group Cover?

Some D-Groups simply talk and pray, while others pick some sort of material to cover. Here are some suggestions for the meeting, some of which have been taken from the book "The Man in the Mirror" by Patrick Morley:

Opening question: What were your high and low points of the past week?

Questions regarding Spiritual life:

- What have you been reading in the Bible the past week?
- Where have you seen God at work this week?
- Describe your prayers (for yourself, others, praise, confession, thanksgiving)
- How is your relationship with Christ changing?
- Do you feel like you are doing what God wants you to do?
- How have you been tempted this week? How did you respond?
- What are you wrestling with in your thought life? (jealousy, anger, fear, etc.)
- Do you have any unconfessed sin in your life?
- How have you impacted your non-Christian friends this week?

Questions regarding home life:

- How is it going with your spouse? (attitudes, time, irritations, disappointments, progress, his/her relationship with Christ)
- How is it going with your kids? (quantity and quality of time, values and beliefs, education, spiritual welfare)
- How are your finances doing? (debts, saving, stewardship)

Questions regarding work life:

- How is it going at work? (career progress, relationships, temptations, workload, stress, problems, working too much)

Other questions:

- How are you doing in your personal high-risk area? (everyone has something)
- Is the visible you and the real you consistent in this relationship?

Prayer – always, always, always pray!

If you are interested in covering a topic, here are some suggested materials:

- The Bible (pick a book, cover one chapter from Proverbs each time you meet, or simply linger in an area of the Bible that has been particularly meaningful to someone in the group).
- Man in the Mirror – Patrick Morley.
- Experiencing God – Henry Blackaby.
- The Pursuit of God – A.W. Tozer.
- Who You Are When No One's Looking – Bill Hybels.
- The Survival Kit – Ralph Neighbour.
- Tyranny of the Urgent, Freedom from Tyranny of the Urgent – Charles Hummel.
- Studies in Christian Living – NavPress.
- The Discipleship Series – Zondervan.